

# Energy Company Benefits

Energy companies offer some of the best benefits available in the business world. See below the types of benefits you can expect if you are employed by an energy company.

- Healthcare & Insurance
  - Medical
  - Dental
  - Vision
  - Group Life
  - STD & LTD
  - Flexible Spending
  - Comprehensive Wellness Programs
  - Employee Assistance Program (mental health)
- Financial
  - Employee Savings Plan – 401(k)
- Other
  - Growth Potential and Opportunity for Advancement
  - Time-Off Programs and Flexible Schedules